



THE SELF-AWARE LEADER™

How emotional intelligence drives a leader's success.

Great leaders start with self-awareness. This interactive workshop helps you understand yourself—and others—so you can lead with greater clarity, empathy, and impact.



Emotional intelligence is a game changer for leaders at every level. In this full-day workshop, you'll gain practical tools and insights to better understand your emotions, behaviors, and blind spots—and how they influence the people you lead.

IN THIS WORKSHOP, YOU WILL:

-  Understand the key components of emotional intelligence and their impact on leadership effectiveness
-  Increase self-awareness by recognizing personal strengths, triggers, and behavioral patterns
-  Strengthen communication, empathy, and relationship-building skills
-  Develop a personal action plan to strengthen emotional intelligence and leadership impact



FULL-DAY (IN-PERSON) WORKSHOP



9:00 A.M. – 5:00 P.M.
LUNCH INCLUDED



21 AUGUST 2026
25 SEPTEMBER 2026



FROM \$425



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